

# Aging News



A Monthly Publication of the Bluegrass Area Agency on Aging & Independent Living



April 2022 Edition

## Upcoming Aging Events

Aging Advisory Council  
May 11, 2022  
10am via Zoom

Aging Consortium  
May 3, 2022 9am  
BGADD Conference Room

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## BGAAAIL Staff Visits Legislators

Last month, BGAAAIL staff including Director Celeste Robinson, Assistant Director Mary Crowley-Schmidt, Caregiver Coordinator Regina Goodman, and Aging Program Coordinator Sarah Eldridge met with legislators in Washington, DC. BGAAAIL staff advocated on the need for continued support for aging programs and services as we approach a funding cliff. Aging programs received unprecedented support through pandemic relief packages that allowed senior centers and other aging programs to expand. Without this continued funding, some seniors may be unable to access needed services in their homes and communities. We encourage everyone to contact their legislators to show their support for aging programs.



BGAAAIL Staff with Senator Mitch McConnell's staff



April 17-23 marks Careers in Aging Week. The goal of this week is to bring greater awareness and visibility to the wide-ranging career opportunities in the field of aging. BGAAAIL staff all proudly serve the aging community by connecting older adults to resources they need and providing direct services to keep seniors independent in their homes and communities. There are many opportunities for individuals who enjoy working with older adults. BGAAAIL currently has job openings for Service Advisors and a part-time Aging and Disability Resource Specialist. Service advisors provide case management for individuals in Medicaid Waiver programs. Aging and Disability Resource Specialists provide information and referrals to older adults, people with disabilities, and their caregivers over the phone. If you are interested in these opportunities, please email your resume to Mike Riley [mriley@bgadd.org](mailto:mriley@bgadd.org)



BGAAAIL staff met with Congressman Andy Barr and Congressman Brett Guthrie. Due to redistricting Congressman Andy Barr will be taking over many new counties in the eastern part of Bluegrass region.

## Second Booster Approval

Late last month, the Food and Drug Administration along with the Centers for Disease Control approved a second booster shot for individuals over the age of 50. People over the age of 50 should consider getting a second booster shot if it has been 4 months since they received their first booster dose. Individuals over 18 are encouraged to get a single booster dose 6 months after their primary vaccine series has been completed. Vaccines are effective in preventing serious illness, hospitalization, and death, but getting a booster dose can boost immunity especially in those over 50 whose immunity wanes after several months. For more information, speak with your healthcare provider or local health department. [Vaccines.gov](https://www.vaccines.gov) and DIAL (disability information and access line) can help locating a booster by calling 1-888-677-1199 or email [DIAL@usaginganddisability.org](mailto:DIAL@usaginganddisability.org)



Anderson County Judge/Executive Orbrey Gritton helped deliver meals to Anderson County seniors

## What does it mean to be...

### FULLY VACCINATED?

It has been 2 weeks after you have received all the initial doses (primary series) of a COVID-19 vaccine.

### UP TO DATE?

You have received all the recommended COVID-19 vaccines, including a booster shot when eligible.



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

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## March for Meals

Last month, senior centers across the region celebrated the 50<sup>th</sup> anniversary of the Senior Nutrition Program and March for Meals. After many months of staggered openings, most of Bluegrass regions' senior centers are back open to in person activities. Many local officials and community members joined senior centers to help deliver home delivered meals and serve congregate meals at the centers. We want to thank all those individuals who volunteered time to help our local seniors and experienced the impact of local senior centers and senior nutrition programs.



Lincoln county senior enjoying congregate meal



Nicholas County Chief of Police Bill Denton helps serve meals at the Nicholas County Senior Center

Anderson County Sheriff helps deliver meals to Anderson County Seniors



## FROM THE DIRECTOR...

Hello,

What a crazy month we've had so far. Sunshine one day and snow the next.

I want to thank everyone for the support from each of our counties in celebrating the 50<sup>th</sup> Anniversary of the Senior Nutrition Program. Providing healthy/nutritious meals to our seniors is a priority for us in the Bluegrass Region.

Our staff made a quick trip to Washington DC the end of March. We were able to advocate for our Senior's through support of the Older Americans Act funding with several of our Congressional Leaders.

May is Older Americans Month. We look forward to celebrating all month long.

I hope everyone has a wonderful Easter.

Sincerely,

Celeste



Celeste Robinson, BSW  
BGAAAIL Director

# Happenings Around The Region



The Hilltop Trio entertained Anderson County Seniors with a concert



Lincoln County Senior celebrating St. Patrick's Day



Garrard county seniors celebrating St. Patrick's Day



Jessamine county veteran was recognized for his service on Vietnam War Veterans Day



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